

PRECISION UNDER PRESSURE

Official Rulebook — Season 1, 2026
.22 LR · Pistol & Rifle Divisions · 15 Yards

shoot22.com

Sport	.22 LR pistol or rifle — standing unsupported
Target	Custom PUP target — 5 bulls per row, 4 rows per sheet
Distance	15 yards — both divisions
Series	3 series — 8 sec / 6 sec / 4 sec
Strings	3 strings of 5 rounds per series — best 2 count, drop worst
Bull order	No required order — one round per bull
Sheets	1 sheet per series — 3 strings per sheet (replace or repair between series)
Max score	300 points (3 series × 2 strings × 5 rounds × 10)
Tiebreaker	X count
Divisions	Pistol · Rifle
Photos	3 required — one per series after scoring

1. OVERVIEW

Precision Under Pressure is a national online rimfire competition. Competitors shoot at their local range, submit an unedited video, and are ranked on a national leaderboard at shoot22.com. No travel required.

Three series of increasing time pressure — 8, 6, and 4 seconds per string. Each series consists of three strings of five rounds. One round is fired at each of five bulls across a single row — no required order. Your best two of three strings count per series. Maximum score: 300.

Between series, the sheet may be replaced with a fresh sheet or repaired (patched). This gives competitors the option to complete an entire match on a single target if desired.

2. DIVISIONS

Division	Firearm	Position	Sights Permitted	Prohibited
Pistol	Any .22 LR pistol	One-handed, standing unsupported	Any non-projecting sight	Projecting sights, lasers
Rifle	Any .22 LR rifle	Off-hand, standing unsupported	Any non-projecting sight	Projecting sights, lasers

Both divisions share the same course of fire, time limits, and distance — 15 yards. Any sight is legal as long as it does not project a laser or beam onto the target.

Pistol: One-handed grip only, standing unsupported. No bracing or surface contact. **Rifle:** Off-hand (two-handed), standing unsupported. No bracing or surface contact.

3. EQUIPMENT

3.1 Caliber

.22 Long Rifle (.22 LR) only. No other caliber permitted.

3.2 Firearm

Pistol division: any .22 LR pistol. Rifle division: any .22 LR rifle. No restrictions on configuration, stock, or chassis.

3.3 Sights

Any non-projecting sight is permitted in both divisions — iron sights, fiber optics, red dots, holographics, reflex sights, prism scopes, and magnified scopes are all legal. Lasers and any sight that projects a beam onto the target are prohibited.

3.4 Ammunition

Any commercially produced or handloaded .22 LR ammunition.

4. TARGET

The official target is the Precision Under Pressure custom target — five bulls per row, four rows per sheet, available at shoot22.com. One sheet is used per series. Between series, the sheet may be replaced with a fresh sheet or repaired with patches. Competitors may complete an entire match on a single sheet if desired.

Specification	Value
Target	PUP custom target — 5 bulls × 4 rows
Bulls per row	5 — one round fired per bull per string
Rows per sheet	3 — one row per string
Sheets per match	1 per series — 3 strings per sheet (replace or repair between series)
Distance	15 yards — both divisions. Measure it, do not estimate.
Scoring rings	X, 10, 9, 8
Bull order	No required order — one round per bull per string
Outside 8-ring	0 points — no partial credit
Max per string	50 points (5 rounds × 10)

5. COURSE OF FIRE

5.1 Structure

Series	Strings	Time/String	Rounds	Sheet	Photo After?
Series 1	1–3	8 sec	5 per string	Sheet 1	Yes — after scoring
Series 2	4–6	6 sec	5 per string	Sheet 2*	Yes — after scoring
Series 3	7–9	4 sec	5 per string	Sheet 3*	Yes — final photo

* Sheet may be the same sheet (repaired/patched) or a fresh sheet.

5.2 Target Setup

Hang one PUP target sheet at 15 yards. Measure the distance. Stage additional sheets or patches nearby for between-series replacement.

5.3 Start Position

Pistol: Hold in a one-handed firing grip with the muzzle at approximately 45° toward the ground. Rifle: Hold in an off-hand grip with the muzzle at approximately 45° toward the ground. Start position must be visible on video before each start signal.

5.4 Start Signal

Any audible signal: timer beep, voice command, or self-start. Must be audible on video.

5.5 Firing Each String

On the start signal, raise and fire one round at each of the five bulls in the designated row, in any order, within the time limit. Five rounds, five bulls, one shot per bull. Return to 45° start position after each string.

5.6 Between Strings

Load 5 rounds. Return to start position. Await the next start signal.

5.7 Between Series

Score the completed sheet. Photograph it clearly. Replace the sheet with a fresh sheet or repair it with patches. Load 5 rounds and prepare for the next series.

5.8 Series Score

Drop the single lowest string within each series. Sum the best 2 of 3 strings. Maximum per series: 100 points (2 strings × 5 rounds × 10).

5.9 Match Score

Sum all three series scores. Maximum match score: 300 points. X count breaks ties.

5.10 Late Shot Rule

Any round fired after the cutoff signal does not score. The string stands as-is. No DQ.

6. SCORING

Ring	Points	Notes
X	10 + X	Counts as 10; recorded separately for tiebreaker
10	10	
9	9	
8	8	
Outside 8-ring	0	No deduction
Round after signal	0	String stands as-is — no DQ
Max per string	50	5 rounds × 10
Strings counted	Best 2 of 3	Per series — drop lowest string
Max per series	100	2 strings × 50
Match maximum	300	3 series × 100
Tiebreaker	X count	Total X hits across all counted strings

7. VIDEO & PHOTO REQUIREMENTS

All scores require an unedited video reviewed within 48 hours.

R01 — One continuous video. No cuts, pauses, or speed changes. First start signal through the last shot of String 9.

R02 — Timer signal audible on every string. Start and cutoff signal clearly audible for each of the 9 strings.

R03 — 45° start position visible. Muzzle at 45° toward ground clearly shown before each start signal.

R04 — Three target photos required. Photograph each sheet after scoring, before replacement or repair — after Series 1, Series 2, and Series 3. All ring scores must be legible. Missing or illegible photo is a DQ for that series.

R05 — One round per bull. Each bull within a string must receive exactly one round. Firing two rounds at one bull and zero at another is a DQ for that string.

R06 — Grip visible throughout. Pistol: one-handed grip clearly shown throughout every string. Rifle: off-hand grip clearly shown throughout every string.

R07 — .22 LR only. Any other caliber is immediate DQ, no appeal.

R08 — No projecting sights. Any laser or projected beam visible on the target is immediate DQ.

R09 — PUP target, correct distance. No other target permitted. Both divisions shoot at 15 yards. Measure — do not estimate.

R10 — Safe gun handling. Any muzzle discipline violation is immediate DQ.

R11 — Deadlines are final. Late submissions not scored under any circumstances.

8. DISQUALIFICATION

The following result in immediate disqualification:

- Use of any caliber other than .22 LR
- Use of a projecting sight or laser
- Edited, cut, or spliced video
- Wrong target or incorrect distance
- Pistol: two-handed grip or supported position
- Two rounds fired at one bull within a string (skip-bull violation)
- Missing or illegible target photo
- Unsafe gun handling visible on video
- Submission after match deadline
- Membership not in good standing

A late shot does not cause disqualification — string scored as-is.

9. GENERAL RULES

9.1 Membership — Active membership required. Free at shoot22.com.

9.2 Age — 18 years or older.

9.3 Legal compliance — Competitors are solely responsible for compliance with all applicable laws.

9.4 Range safety — Competitors must comply with all rules of their range.

9.5 Score review — All scores subject to video review. Decisions final.

9.6 Appeals — Clerical errors may be appealed within 7 days of score posting.

9.7 Rule changes — Announced at least 30 days before taking effect.

9.8 Spirit of rules — Precision Under Pressure reserves the right to disqualify any competitor acting in bad faith.

PRECISION UNDER PRESSURE

shoot22.com
info@shoot22.com

Official Rulebook — Season 1, 2026 · © 2026 Precision Under Pressure. All rights reserved. .22 LR activities subject to all applicable federal, state, and local laws.